

DAWN ZIMMERMAN

Licensed Massage Therapist | License No. 29983

dawn@dawnzilla.com | 360-921-5219 | www.dawnzilla.com

I'm an LMT with an 800-hour Certificate in Massage Therapy from East West College of the Healing Arts with 70 clock hours of student clinic experience. I deliver client-centered care focused on relaxation massage and Swedish massage, incorporating deep tissue techniques and myofascial release to meet individual needs. I am known for thorough client intake and exit interviews, SOAP notes, clear communication, and providing a calm professional environment that supports nervous system regulation and client comfort. I bring transferable experience in customer service, business ownership, and reliable client relationship management.

SKILLS

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|-----------------------------|-----------------------------------|-------------------------------|
| • Swedish massage | • Relaxation massage | • Deep tissue techniques |
| • Myofascial release | • Client intake / exit interviews | • SOAP notes |
| • Session customization | • Customer service | • Client communication |
| • Room sanitation and setup | • Time management | • Nervous system-focused care |

EXPERIENCE

Student Massage Therapist | East West College of the Healing Arts | Our Massage Clinic

July 2026 – September 2026 | Portland, Or

- Completed 70 clock hours of supervised student clinic experience, serving 2–3 clients per week.
- Conducted client intake and exit interviews to assess needs, set session goals, and gather feedback.
- Delivered tailored massage therapy sessions emphasizing Swedish massage and relaxation massage, with deep tissue techniques and myofascial release as appropriate.
- Documented sessions using SOAP notes and maintained clear, professional client communication.
- Prepared, sanitized, set up, and broke down the massage space for each appointment.
- Received positive client feedback on session quality and care (available upon request).

Administrative Assistant and Team Lead | The Columbian

June 2021 – 2025 | Vancouver, WA

- Led a team of 8 marketing specialists while supporting advertising operations.
- Acted as liaison between departments and the Advertising Director to coordinate workflows.
- Worked directly with regional companies emphasizing customer service and clear communication.

Owner / Operator | Home Cleaning Services

June 2013 – 2020 | Vancouver, WA

- Managed and maintained cleaning schedules for all clients while meeting service commitments.
- Prepared job quotes and time estimates, balancing workload and client priorities.
- Built long-term client relationships through dependable service, communication, and customer care.

EDUCATION

Certificate in Massage Therapy | 800-hour program

East West College of the Healing Arts | October 2025 – September 2026

Completed clinical training including supervised student clinic practice, client assessment, SOAP notes documentation, and professional standards of care.

LICENSES AND CERTIFICATIONS

Licensed Massage Therapist (LMT)

Oregon License Number: 29983